

ABSTRACT

OUTCOME OF TREATMENT OF EAR COMPLAINTS WITH "DRY EARS" SPRAY

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Objectives: To evaluate the results of treatment with Dry Ears spray in patients with ear discomfort and irritation due to ear wetting and in patients with hearing aids.

Methods: Prospective study in 27 patients in a primary outpatient clinic. 18 Patients were chronic ear wetters (swimming, mikve) and 9 patients had hearing aids in one or both ears. The complaints of pain, stuffiness, irritation, and secretion were recorded before and after treatment. Patients were treated once or twice a day with Dry Ears spray for a period of 10 days to three weeks. Results after treatment were recorded by degree of improvement of symptoms.

Results: 25 Patients (92.6%) reported significant improvement of symptoms. 2 Patients (7.4%) had residual symptoms of ear stuffiness and irritation.

Conclusion: Treatment with Dry Ears spray was found to improve patients' complaints of ear irritation and discomfort, and contributed significantly to patients' quality of life.